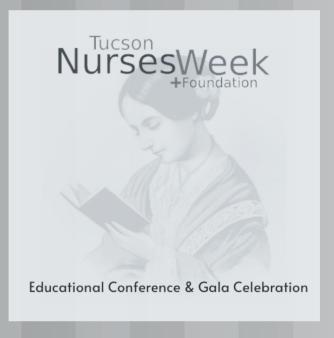
# 2023 Showcase of Tucson Nurses Conference & Healthy Fair

Friday, May 12 Westin La Paloma Resort and Spa



Tucson Nurses Week Foundation PO Box 65085 Tucson, AZ 85728-508



As part of the celebration of Nurses Week, the SHOWCASE is a tribute to Southern Arizona nurses who respond daily to the health care needs of the community. The conference includes innovative practice ideas, projects, methods, and studies in use by Southern Arizona nurses striving to maintain optimal patient care and nursing professional standards.

### **OBJECTIVES**

Upon completion of this conference, the participant will be able to:

- Discuss innovative practice ideas
- Examine improvements in patient care
- Describe approaches to promote evidence based practice and research utilization
- Identify educational methods to enhance patient care
- Recognize issues in caring for diverse populations
- Discuss leadership issues

#### **CONTINUING EDUCATION**

Continuing education hours are pending from the California Board of Nursing through Carondelet Health Network.

This program is free of commercial influence or industry support based on reports of planners and speakers.



## 2023 Tucson Fabulous 50 Nurses Gala

Saturday, May 13 6 - 11 p.m. No host bar reception 6 p.m. \* Dinner 7 p.m.

Westin La Paloma Resort and Spa 3800 E Sunrise Dr, Tucson, Arizona

Special room rate of \$165 available. Resort fee is waived. Limited availability at special rate, reserve your room now.

Questions? Email info@tucsonnursesweekfoundation.org

Formal Dress Encouraged

### 2023 TUCSON NURSES WEEK CONFERENCE SCHEDULE

7:30 a.m.	Registration / Continental Breakfast and Poster Presentations open					
8 – 8:15 a.m.		duction of Keynote Spe	·			
8: 15 – 9:45 a.m.	Keynote: Burning Brightly Without Burning Out					
	Presented by: Kim Richards, RN, NC-BC					
9:45 – 10:15 a.m.	Morning Break / Poster Presentations / Healthy Fair					
10:15 – 11 a.m.	Session A	Session B	Session C	Session D		
	Strengthening the Nursing Workforce Through Practice: Academic Collaborations in Nursing	Importance of Oral Health in Preventive Care: An Embedded Dental Model Jennifer Biggs RN, MS	Simple Soul Care: Practices that can be done at work to Enhance Your Well- being  Nicole Vienneau	C.O.M.F.O.R.T Promise: Essential Tools to Decrease Pain and Anxiety in Children During Procedures  Celina Ruiz		
	Cheryl LaCasse PhD, RN, AOCNS  Connie Miller DNP, RN-OB, CNE	Oscar De La Torre Gonzalez MPH Ruth Trujillo RDH	MSN, RN, NC, BC	RN, BSN		
11:15 - Noon	Session E	Session F	Session G	Session H		
	Ketamine Assisted Psychotherapy for Trauma Related Symptoms	Chronic Care Management in an Outpatient Healthcare Setting  Katherine Maher HCI, BSN, CEN	Research versus Non- research: What Nurses Need to Know Jenice Guzman-Clark PhD, GNP-BC, FAMIA, NP	Nurse Traumatization: Shoring up the Foundation for Self- Caring Practices  Lorre Laws PhD, RN		
	Janay Young DNP, PMHNP, BC, FNP-C	MaryAnn Juarez MSN, BSN, RN				
Noon – 1:15 p.m.	Lunch / Raffle / He					
1:15 - 2:15 p.m.	Beads of Courage Presentation / Activity Jean Gribbon, BS, RN, PhD					
2:15 - 2:45 p.m.	Afternoon Break / Poster Presentation / Healthy Fair					
2:45 – 3:30 p.m.	<b>Topic:</b> Making it Stick: How to FINALLY Get, Keep, and Love your Ideal Self-care Plan While Living a Super Busy Life <b>Presented by:</b> Marie Shanahan, MA, BSN, HN-BC, HSGAHN					
3:30 – 4 p.m.	Topic: Wrap up Ses	ne				
	Presented by: Kim Richards, RN, NC-BC					
4 p.m.	Closing / Raffle / C	EUs				

### **CONFERENCE REGISTRATION Showcase of Tucson Nurses** Deadline May 4 2023

	, May 4, 202		
Online re	gistration re	commended:	
www.tucs	sonnurseswe	ekfoundation.o	org
Name			
Email			
Home ph	one		
Facility _			
Conferen	ce \$90		
•	aker Present	•	
Nursing S	tudents who	are not yet RN	's \$50
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Please in	dicate the fa	eekfoundation.c cility affiliation ike to be seated	and/o

Gala seats \$100 per seat TOTAL ENCLOSED \$

Make checks payable to:
Tucson Nurses Week Foundation
Send registration form and payment
for the Conference and/or Gala seats to:
Tucson Nurses Week Foundation
PO Box 65085, Tucson, AZ 85728-5085